SORTIE GOALS 120.0 82.5 -37.5 83.4 70.3

Kadena Air Base, Japan Friday, July 15, 2005

WEATHER TODAY: Partly cloudy SW winds @ 10-20 knot High: 88 Low: 79 SATURDAY: Mostly cloudy with rainshowers SW winds @ 20-35 knots High: 88 Low: 82 SUNDAY: Cloudy SW winds @ 25-35 knots

WEEKEND

COMMUNITY BANK EXCHANGE RATES BUYING: \$1=¥108 SELLING: ¥1

Kirschbaum takes command of 18th MSG

By Master Sgt. Adam Johnston 18th Wing Public Affairs

A career military civil engineer assumed command of the Air Force's largest mission support group in a ceremony here July 7.

"Members of the mission support group make the most diverse contribution to the wing's mission," said Col. Max E. Kirschbaum, 18th Mission Support Group commander, during his assumption of command. "Your professionalism is evident across the base and I'm honored to take my place in your ranks," he told a crowd of more than 200 people attending the ceremony.

The colonel also said that members of the group can count on his best effort to help squadrons carry out their missions, while he plans on guarding and improving working and living conditions for members of his unit.

The 18th Mission Support Group provides security, services, contracting, communications, logistics readiness and force management for a population of 24,000 people at Kadena.

The group has a direct budget of \$10 million, includes service revenues of \$60 million; is compromised of nearly 4,000 military and civilian members that make up six squadrons; and includes the Okuma Joint Services Recreation Facility, the NCO Academy and the Airman Leadership school.

Colonel Kirschbaum was commissigned in 1983 through the Air Force



Force/Airman 1st Class Heather Tov

Col. Max Kirschbaum, 18th Mission Support Group commander, salutes during the playing of the national anthem at the 18th MSG assumption of command July 7

Reserve Officer Training Corps at North Dakota State University. He has served as a civil engineer and flight commander at squadron levels, worked in Pacific Air Forces and Air Force headquarters assignments, and most recently served as the deputy assistant chief of staff, engineer, for Combined Forces Command at Yongsan Garrison, South Korea. The colonel is also a registered professional engineer in Minneso-

Colonel Kirschbaum assumed command of the 18th MSG from Col. Brent Baker who departed Kadena early to attend the funeral of his father before

his next assignment at Edwards AFB,

As the 18th MSG commander, Colonel Kirschbaum also serves as Kadena's "mayor" and, as such, is routinely tapped to be the face of the Air Force in meetings with local politicians as well as serving as a presiding official at base and local community events.

"I'm well aware of the challenges ahead for Kadena with special events, inspections and deployments," said Colonel Kirschbaum. "I'm ready to lead the mission support group as we live up to our motto, Warfighters, supporting

Air Force Print News

WASHINGTON — Air Force officials are making a few changes to the physical fitness test used to assess the fitness of Airmen

Air Force changes

fitness test criteria

By Staff Sgt. C. Todd Lopez

After 18 months of the Fit to Fight program, senior leaders are ready to tweak the assessment to make it even better, said Lt. Gen. (Dr.) George Peach Taylor Jr., Air Force surgeon general.

"We have gotten together a group of scientists and done surveys asking folks if they like the assessment and if there are issues with it," Dr. Taylor said. "This last year we brought an update to Corona and are now in the middle of updating a few changes to the Air Force instruction that defines the fitness evaluation."

Updates to AFI 10-248 will include a change in how body composition is measured, a new table for the running portion of the test that takes into account the runner's elevation, and a change in the number of days an Airman must wait before retesting after having scored in the marginal category.

Under the original fitness evaluation, body composition scores were based on abdominal circumference only. The updated AFI will now direct that body composition also be measured using body mass index.

BMI is calculated by dividing weight in pounds by height in inches squared, and multiplying the result by 703. According to the Centers for Disease Control and Prevention, those with a BMI between 18.5 and 24.9 are considered to be normal. Those with a BMI of 25 or above are considered overweight.

Under the updated AFI, Airmen with a BMI of less than 25 will earn the full 30 points for body composition. For Airmen who score a BMI 25 and above, Dr. Taylor said the results of the waist measurement would be used to calculate their test score.

"That will still be an important measure of their health," he said. "Waist measure is closely related to increased risk for metabolic syndrome, diabetes, hypertension and heart disease. Fat distribution is the critical indicator, as opposed to weight."

For those who score marginal between 70 and 74.9 points - the Air Force plans to change the retest interval to 90 days. Currently, retest for those in the marginal category is at 180 days. This will be consistent with the retest interval for those with poor scores – less than 70.

See FITNESS, Page 5

Maintenance first sergeant awarded Bronze Star

By Staff Sgt. Jason Lake 18th Wing Public Affairs

One of Kadena's first sergeants was recently awarded the Bronze Star for his achievements while supporting Operation Iraqi Freedom.

Senior Master Sgt. Israel Ocasio Jr., 18th Component Maintenance Squadron first sergeant, was presented the medal by Brig. Gen. Jan-Marc Jouas, 18th Wing commander, during a ceremony at the Keystone Theater June 29.

The 23-year Air Force veteran volunteered to deploy to Tallil (Ali) Air Base, Iraq, from Oct. 2003 to March 2004 as part of Air Expeditionary Force Silver.

As the first sergeant of the largest mission support group in the OIF area of responsibili-



Ocasio

ty, Sergeant Ocasio was tasked with taking care of more than 1,500 Airmen.

Sergeant Ocasio also took care of those outside his chain of command. While visiting the Ziggurat - the Biblical birthplace of Abraham, just outside the perimeter of the base - Ocasio and a group of Airmen were caught offguard by a distant explosion caused by a suicide bomber attacking the Italian headquarters.

Sergeant Ocasio and the group quickly headed back to the base and checked in to the field hospital to help offload casualities on litters

When the medical staff unloaded an Iraqi child that had been killed in the attack, Sergeant Ocasio said he realized "how quickly things turn out for the worst."

Despite tragic times and working through Thanksgiving, Christmas, New Year's and Valentine's Day, Sergeant Ocasio helped keep his troops morale intact by developing various morale programs such as a wing warrior-of-theweek column in the base newspaper and farewell recognition program for the first sergeants council. He also served Thanksgiving and Christmas meals, and handed out care packages and phone cards to Airmen.

"We all motivated each other to help get through the holidays," he explained. "The teamwork, professionalism and dedication of the people there was amazing. We all knew what we were doing was important."

The humble senior NCO said the Bronze Star presented to him directly reflects on those he served with at Tallil AB.

"[This medal] is all about teamwork...I couldn't have done it alone," he said.

Sergeant Ocasio said the six-month deployment also reenergized his interest in his native career field - security forces - so he decided to turn in his diamond to take a superintendent position next month at the 341st Security Forces Squadron at Maelstrom Air Force Base, Mont.

See STAR, Page 5

BASE, JAPAN - JULY 15, 2005



Leadership through inspiration

By Lt. Col. Eric Axelbank 18th Logistics Readiness Squadron commander

Our nation entrusts us with the leadership of its sons and daughters, during times of crisis and in peace carrying out the ultimate mission of defending the Constitution and democratic freedoms around the world.

Under fire on the battlefield, neither mission, nor loyalty to our country, drives us to success and ultimately to survival. It's the camaraderie, professionalism and teamwork of our fellow Airmen around us that gives us the confidence that we'll return safe and sound to our loved ones.

Characterizing inspirational leadership in the profession of arms gives rise to three facets of leadership applicable to any Air Force unit: determination, selflessness and positive attitude.

Determination

Determination is what separates the meek from leaders who make a difference. I still remember parts of the valedictorian's address during my high school graduation. During his speech, the top graduate stated, "I may have the highest grade point average, but I'm far from being the most intelligent graduate here today. What separated me [from the rest] was determination -I was more determined than my peers."

This left an everlasting impression

Wing is very inter-ested in

ideas that

can make

Kadena

an even

place to

live, work and play.

concern

that you

have been

on me, and determination is a trait I value as important as aptitude. Your competence as an Airman is a direct result of perseverance and hard work. Determination leads to technical competence, and this skill increases your value to the unit and the Air Force as a whole. Your leaders expect you to constantly improve your technical skills given today's limited resources, and your unit thrives on your initiative and capabilities.

Selflessness

Selflessness is "service before self." Think of others before yourself and always remember that serving your country is one of the most selfless professions given today's demanding and dangerous environment.

One of my favorite quotes relating to this is, "what have you done for your Airmen today?" Have you visited your troops lately? Have you taken time out from your busy schedule, rolled up your sleeves and put yourself in the shoes of your technicians? Sincerity and candor are root elements of inspirational leadership. If you're truly interested in the problems your Airmen face day-to-day, get out of your cozy office and find out what they are. Service before self is a core value that highlights our professional culture.

Positive attitude

Having a positive attitude enables

gious. One of the things I like best about serving in the Air Force is our environment. What motivates me is the positive disposition of many of our young troops. It's obvious the Air Force is recruiting our nation's most talented young men and women. When our Airmen show initiative, bear a smile and display optimism, we can just about accomplish anything. Equally important is the working atmosphere leaders create. Truly knowing your people and the conditions and environment they must endure is not an easy task. But, it's one that leaders at every level must be cognizant of. If a deficiency exists, such as an individual who constantly makes negative remarks about their organization, it must be corrected by first-line supervisors. Having the courage to apply firm, yet fair leadership is a skill set that can be attained by all leaders. Set the example, establish and maintain standards, and keep everyone focused on your expectations. Having a positive attitude on a daily basis is the first step to mission suc-

What does all this mean? Determination, selflessness and positive attitude are traits that comprise inspirational leadership. Today's Airmen are intelligent, multi-faceted, eager and ready to take on any mission. They simply need selfless and courageous leaders to lead them.

and drive

since the last DUI arrest on Kadena



18th Wing Commander...Brig. Gen. Jan-Marc Jouas Public Affairs Chief... . Mai. Michael Paoli Deputy Public Affairs Chief...... PA Superintendent......Master Sat. Adam Johnston

Kadena Air Base Editorial Staff

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ACTION LINES



Brig. Gen. Jan-Marc Jouas. 18th Wing commander

unable to resolve through normal chains of command, then we'll look into it. Although not required, it's better to give commanders. first sergeants or the agencies with which you have the concern the opportunity to correct the situ ation first. When that fails, send us an e-mail. Include your name and telephone number so some one can get back to you, and a brief summary of your concern.

Kadena bus system

Why is there no bus system on Kadena the largest base in PACAF? There are bus stops located throughout the base, including a huge covered stop across the street from the Schilling Community Center. Everyone who comes here on temporary duty isn't automatically authorized a rental car. Getting around a large base is inconvenient and expensive if a person has to rely on base taxis. Also, there are many family members who could use a bus system. If people used public transportation, it would reduce traffic congestion and pollution. It could also reduce the number of DUIs and alcohol-related incidents that cost the Air Force money and people.

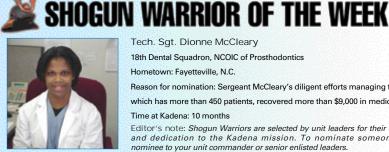
Good question. Kadena would have a bus system if we could afford it, if people would use it, and if we had the drivers. Our

brighter, which means we have to make some tough calls on where to spend what we are given. Kadena tried running a base bus in the past, in 1998 and 2001, and hardly anyone used it - only eight people over a 30-day test period last time. Lastly, our vehicle operators are among the highest deployed AFSC's in the Air Force, primarily serving convoy operations in Iraq. Between combat training and 180-day deployments they are often gone for eight months at a time. I agree with you - it would be great to run a bus system, but we don't have the money or drivers to support the few people that would use it. In regards to the DWI problem, the best way to reduce our rate of incidents is for all Airmen, dependents, and civilians who choose to drink to do so responsibly don't drink to excess, and never drink and drive - make a plan, use a designated dri-

had to cut back in many non-essential

areas. Next year's fiscal picture isn't any

funding this year is very tight, and we've ver, ride a taxi, walk, or call AADD.



Tech. Sgt. Dionne McCleary

18th Dental Squadron, NCOIC of Prosthodontics

Hometown: Favetteville, N.C.

Reason for nomination: Sergeant McCleary's diligent efforts managing the unit's Pay Patient Program, which has more than 450 patients, recovered more than \$9,000 in medical funds.

Time at Kadena: 10 months

Editor's note: Shogun Warriors are selected by unit leaders for their outstanding value to their unit and dedication to the Kadena mission. To nominate someone, send the name of your nominee to your unit commander or senior enlisted leaders.

CULTURE: Skillful sculpting



Air Force/Staff Sqt, Chyrece Campbell



Air Force/Staff Sgt. Chyrece Campbell Eighty-year-old Ken Yasumura, a Sunshine Town staff member, paints a Shi Shi dog sculpture to be sold at exclusive resort hotels. For more information about tours to sites off base, call Kadena ITT at 634-4322 [See page 6 for more activities].

Teri Claxton and Lynn Morgan browse items at Sunshine Town in Haebaru during a Kadena Information, Tickets and Tours Sunshine Town and Kasuri Studios tour Wednesday. More than 10 people visited Sunshine Town and Kasuri Studio to see how novelties such as Shi Shi dog sculptures and Koshi dolls (above) are made by 120 disabled Okinawan workers.

Briefs ews

DON'T DRINK AND DRIVE: Did you know - 21 to 34-year-old drivers are responsible for nearly 60 percent of all alcohol-related vehicle crashes?

OFFICE CLOSURES: The 18th Comptroller Squadron will be closed today for an official function. For emergency assistance, call the command post at 634-1800. • Due to construction, the vehicle inspection center for Japan Compulsory Insurance on Camp Foster will be closed until **Monday**. Customers with JCI inspections due during the above time frame need to complete the inspection beforehand. The Joint Vehicle Registration Office hours will remain unchanged.

- The Kadena Housing office, Camps Kinser and Courtney Satellite Housing offices and all furnishings management offices will be closed Thursday for an official function. Call 634-1534 for emergen-
- The Kadena telephone customer service, communication cable digging permit office and telephone trouble desk will close at 11 a.m. July 22 for a unit function. For more information, call 634-1005.

LIMITED SERVICES: The 18th Logistics Readiness Squadron receiving section will have limited property turn-in service today. Customers can complete paperwork transactions at the 18th LRS customer service and arrange property drop-off at DRMO. For additional questions, contact Staff Sgt. Stancil at 632-7717

· The Kadena Tax Center is closed until July 26. Starting Aug. 1, the tax center staff will only provide services on an appointment-only basis. To make an appointment, e-mail tax center@kadena af mil Walk-in service will resume during the next tax season in January. For more information, call 634-3309.

• The 18th Medical Group clinic will have limited service July 28 due to a joint exercise. Patients needing same day care should call 634-4305. Pharmacy services will be limited, while radiology and laboratory procedures will not be available. The dental clinic will have normal hours.

transceiver that transmits fire alarm signals to the Kadena fire department, munitions area, Camp Shields and Chibana will be offline for maintenance between 8 and 10 a.m. Tuesday. During

emergencies in this time-

frame, evacuate the facility

FIRE DEPARTMENT NOTICE: The

immediately and call 911 to report the incident. For more information, call 634-4500.

OVERSEAS RETURNEE ASSIGNMENTS:

The enlisted quarterly assignment listing for people returning from overseas from Nov. 2005 to Jan. 2006 was posted Tuesday. Assignment preferences must be updated by July 28. Visit https://afas.afpc.randolph.af.mil/amsweb/master.cf

BONE MARROW REGISTRATION DRIVE:

There will be a bone marrow registration drive at the Schilling Community Center Aug. 2 from 8 a.m. to 4 p.m. For more information, call 634-5688

PET OUARANTINE: In-bound Defense Department employees to Okinawa may quarantine their pets in on-base quarters.

In June the rules on importing pets into Japan changed and military officials have been working clarifications of the change with Japanese officials.

If pet-owners don't live on base, pets will have to be quarantined at Karing Kennels or in Naha.

Karing Kennels typically fills fast, and housing a pet in Naha is not cost-effective. While the Naha facility costs approximately \$30 a day, the pet owner has to provide full care with feeding twice daily, and it quickly becomes cost prohibitive based on the hourlong drive to and from the facility.

It is recommended that pet owners not living on base who are trying to bring their pets to Japan have them kenneled in the U.S. to help reduce the new quarantine time.

Complete rules on the new restrictions are available at: http://www.usarj.army.mil/org anization/vet/prm.pdf.

AF NEWS AGENCY PRODUCT CHANGES:

The Air Force's flagship publication, Airman Magazine, has changed from a monthly to a quarterly publication. Issues of the magazine will be printed in January, April, July and October. To view the magaonline www.af.mil/news/airman. In addition, Air Force Lithographs distributed by the Air Force News Agency have been discontinued.

24-HOUR HELP LINE: The Joint Services Help Line is available for people who need to talk to someone about stress, depression, abuse, parenting, or other issues. Call the help line at 634-HELP(4357) or 938-0992 from off-base telephones. The abuse line is 634-3123 and teens can call 634CARE(2273)

OSI NOTES: Every last Tuesday of the month Air Force Office of Special Investigations holds a cross-training briefing for active duty, reserve and civilian members at 9 a.m.

- · AFOSI holds travel briefings every Wednesday at the following times per location: Thailand-9 a.m. and 3 p.m.; China-9:15 a.m. and 3:15 p.m.; Philippines-9:30 a.m. and 3:30 p.m.; South Korea-9:45 a.m. and 3:45 p.m.; all other countries-10 a.m. and 4 p.m.
- AFOSI. Detachment 624 is looking for a volunteer to create a webpage for Kadena's homepage. Call 632-7003 to volunteer.

POSTAL ADVISORY: Postal customers are advised not to have fresh fruits or pornographic materials (magazines, videotapes, devices, etc.) sent to them by businesses, family or friends. These items are not allowed entry into Japan through the military postal service. Japanese customs officials examine incoming mail daily in accordance with the SOFA. Recently, there has been a rash of confiscated items. When this occurs, the sender will be notified by the air mail terminal postal officials. If you have any questions, please call 634-3266

SHOGUN



Desert pride

[From left] Honor Guard members Staff Sgt. Aldrin Saguin, Tech. Sgt. Joseph Romero and Staff Sgt. Steve Gutierrez, all from Kadena's 18th Civil Engineer Squadron perform a retreat ceremony with members of the 447th Air Expeditionary Group in Baghdad, Iraq, on Independence Day. Currently, more than 433 Airmen are deployed from Kadena supporting Operations Iraqi and Enduring Freedom.

Air Force/Tech. Sgt. Brian Davidson

PACAF Pentathlon starts Aug. 1

By Staff Sgt. Jason Lake 18th Wing Public Affairs

Next year you could be vacationing in Hawaii or even riding a new Harley-Davidson motorcycle thanks to Pacific Air Force's Pentathlon contest that starts Aug. 1.

The command-wide rewards program is a virtual board game played online with game pieces earned from visiting various Services locations.

Game pieces can be earned by taking a class; booking a tour with Information, Tickets and Tours; checking out a library book; attending a club membership event, and other Ser-

vices activities.

Participants register their game pieces at www.pacfive.com and play to win cash, electronics, trips and more. Participants can win instant prizes and become eligible for prize drawings.

Last year, three Kadena Airmen won major prizes in addition to numerous instant winners. Airman 1st Class Jason Ellison, 18th Equipment Maintenance Squadron, won a digital camera; Master Sgt. Christopher Rife, 1st Special Operations Squadron, won a Lifecycle fitness machine, and Tech. Sgt. Eric Brawner, 372nd Training Squadron, Detachment 15, won \$500.

Listed below are the results of recent courts martial held at Kadena:

□ An 18th Dental Squadron captain was convicted during a general court martial June 28. The captain was convicted of conduct unbecoming an officer and a gentleman by engaging in a long-standing sexual relationship with a patient who was the wife of a fellow 18th Wing officer, lying to his commander about the relationship, and continuing to engage in the relationship after being warned by his squadron commander. In addition, he disobeyed the provisions of AFI 36-2909 by sharing living accommodations with a male staff sergeant in his unit − violating Articles 133 and 92 of the Uniform Code of Military Justice. The Airman was sentenced to 45 days confinement and a dismissal from the service. He is currently confined at the Camp Hansen Brig.

☐ A 733rd Air Mobility Squadron airman was convicted during a special court martial June 29. The Airman was convicted of twice failing to report for work, sleeping on duty, being drunk on duty, making a false official statement, and leaving the base in violation of a liberty order. He was sentenced to 90 days confinement, demoted to airman basic and given a bad-conduct discharge. The Airman is currently confined at the Camp Hansen Brig.

☐ An 18th Equipment Maintenance Squadron senior airman was convicted during a special court martial July 12. The Airman was convicted of making, and then passing, counterfeit bills in multiple transactions - violating both federal law and Article 134 of the UCMJ. The Airman confessed to making approximately \$240 in counterfeit U.S. currency using his home computer, scanner and printer. He then passed the currency in denominations of \$10, \$20 and \$50 in separate transactions to the AIU Insurance Company, base gas station, Rocker NCO club and a friend. The accused also had received prior action for driving while under the influence of alcohol. For his actions, he was sentenced to four months confinement, demoted to airman first class, and fined \$220 pay per month for four months. The Airman is currently confined at the Camp Hansen Brig.

Mission focused



[Clockwise from above]

TAP, TAP: Senior Airman Robert Gresham, 44th Fighter Squadron crew chief, checks for loose rivets during an engine intake inspection Tuesday. Kadena's F-15 maintainers have been working 12-hours shifts, six days a week to successfully maintain the readiness of the Air Force's largest combat wing.

POWER ON: Staff Sgt. Ben House, 18th Aircraft Maintenance Squadron electro-environmental specialist, troubleshoots a power problem.



New housing allowance rules won't cut pay

By Army Sgt. Sara Wood American Forces Press Service

WASHINGTON — Defense officials are eliminating the "geographic rate protection" clause that ensures servicemembers moving to a new area receive the same housing allowance as those already living there.

Geographic rate protection is expiring in January because basic allowance for housing rates have reached a level where servicemembers no longer have to pay out-of-pocket expenses for housing, said Col. Virginia Penrod, the Defense Department director of military compensation.

Colonel Penrod stressed that the housing allowance rate is set at the average housing cost for the area. Rates are further set based on military rank, with each pay-grade level having a set acceptable standard of housing.

Servicemembers may still have to pay some outof-pocket expenses if they choose to live above that level. Conversely, if servicemembers choose to live below the average level, they will still receive the same BAH rate.

Servicemembers still have "individual rate protection" as long as they stay within the same geographic area. If average housing costs in a given geographic area go down, people already living in that area continue to receive the higher amount.

However, servicemembers moving into that area receive the lower amount. Geographic rate protection was a temporary protection put into effect to prevent people of the same pay grade living in the



Air Force file graphic

Kadena Airman moving to stateside bases after Jan. 1, 2006 may notice a difference in housing allowance from their counterparts already in-place because the geographic rate protection clause expires. Defense officials say the clause will not be renewed because servicemembers no longer have to pay out-of-pocket expenses for housing. If average housing costs decrease, people already living in the area before Jan. 1 will continue to receive the higher amount.

same area from getting different amounts of housing allowance.

Rate protection was instituted in 2000 while troops were still paying part of their own housing expenses, Colonel Penrod said. Now that housing allowance rates are high enough to cover service-members' entire housing expenses, geographic rate protection is not necessary, she said.

"It was a short-term program," she said. "We always had in our minds that we would eliminate the protection once the out-of-pocket (expenses) went to zero."

Under the new BAH guidelines, a servicemember

moving to a new area will receive the appropriate allowance rate for that area, regardless of whether troops already living there are receiving a higher rate, the colonel said.

Colonel Penrod said the change makes financial sense.

"We're adjusting rates to where they should be," she said.

Each year, BAH rates are adjusted with input from military housing offices in the area. If it is determined the rate needs to be increased, all servicemembers living in that area will receive the increase

The Okinawa Perspective

The following is a synopsis of articles that appeared recently in Japanese newspapers.

☐ The 1st Battalion, 1st Special Forces Group at Torii Station started live-fire training Tuesday at Camp Hansen's urban warfare training facility. The Kin Town mayor and others led a protest rally at Camp Hansen's Gate 1 Wednesday morning. Okinawa Governor Keiichi Inamine also commented on the situation saying: "It is very regrettable, unacceptable and I will continue to request suspension of the training.' When a member in the audience asked the question: "I heard salaries for base jobs are high and it will affect people if those jobs are lost." The governor responded: "We will not be able to find solutions for base issues if we only focus on such problems. Even if we decide to reduce the bases, they won't disappear the next day. I would like to establish a variety of economic policies before that happens.

On Wednesday, Okinawa Prefectural Government officials cancelled participation in a change of command ceremony in Camp Zukeran as a result of Marine Corps officials resuming the live-fire training.

☐ On Monday, nine delegates of the

Okinawa Prefectural Assembly's Special Committee on U.S. Military Base Affairs visited Kadena to file a request for compensation to the victim and family members involved in the alleged molestation case against a Kadena servicemember.

☐ Influenza has been sporadically occurring in Okinawa between June and July. Although the peak was between January and March, there has been a steady increase in patients since late-June. Some elementary and junior high schools have suspended classes due to the outbreak. Between June 27 and July 3, there were 291 influenza patients reported. Many of the patients are between ages of 10 and 40.

□ Kadena Town Junior High School conducted its first evacuation drill July 8 simulating a U.S. military helicopter crashing into the school. All elementary and junior high schools are required to conduct the training annually since the crash of a Marine Corps CH-46D Sea Stallion helicopter into Okinawa University Aug. 13, 2004. Kadena Town Elementary School is also scheduled to conduct similiar training in November.

FITNESS

Continued from Page 1

Changes to the AFI will also include adjustment for those at high-altitude installations. This applies to those at installations with an elevation of 5,000 feet or greater, Dr. Taylor said.

"We'll use the formula for altitude calculations recommended by the National Collegiate Athletic Association," he said.

The Air Force continues to look at ways to improve the fitness evaluation and remains committed to the Fit to Fight program, Dr. Taylor said, because the program has proven successful.

The assessment is not the focus of the fitness program, but a tool to assess the commander's fitness training program.

"I want to make very clear that my focus is not on passing a fitness test once a year," said Gen. John P. Jumper, Air Force chief of staff, in his Oct. 17, 2003, Chief's Sight Picture. "More important, we are changing the culture of the Air Force. This is about our preparedness to deploy and fight. It's about warriors. It is about instilling an expectation that makes fitness a daily standard — an essential part of your service."

Dr. Taylor said he hopes the changes to the AFI will be made by late August or early September.

STAR

Continued from Page 1

"When I got out to the desert and saw the old career field in action it made me realize what I had been missing," he explained. "I felt proud of them witnessing what they did on a daily basis out there under tough conditions. I missed the important role that they play."

After seven successful years at Kadena, Sergeant Ocasio said he's looking forward to the challenges at his new base where he hopes to get promoted to the Air Force's top enlisted rank.

"My goal is to one day make chief and eventually become a command chief master sergeant so that I can take care of the Airmen."

Today

ROCKER NCO CLUB: Boss and

Buddy Night from 5 to 7 p.m.

• Back that Friday Up Party featuring hits from the 1980s and 1990s in the lounge from 9 p.m. to 3 a.m.

• Social hour bar Bingo begins at 5

BANYAN TREE CLUB: Flash-

back Fridays from 5 to 8 p.m.

JA AROMA BATH HOUSE TOUR: Call ITT at 634-4322 for more

ormation.

KUMON MATH: Classes available for 40 minutes from 3 to 5:40 p.m. for children ages 5 to 18 at the Schilling Community Center.

Saturday

ROCKER NCO CLUB: Top 40 Variety dance hits from 9 p.m. to close in the lounge.

• King of Fights X in the ballroom

at 10 p.m. Tickets available until July 15 Doors open at 8 p.m. Doors open at 8 p.m.

BANYAN TREE CLUB: Hip Hop

to Dirty South from 8 p.m. to close in the lounge; Reggae and R & B from 8 p.m. to close in the ballroom. OFFICERS' CLUB: Gourmet

night.
YUI MONORAIL & KOKUSAI STREET TOUR: Call ITT at 634-4322 for more information.

CARD & COMIC SHOW: Buy,

trade or sell comics, cards and other collectibles from 10 a.m. to 6 p.m. Vendor tables are \$5. Admission is free

TABLE TOP WARRIORS CLUB: From 10 a.m. to 10 p.m. at the Schilling Community Center

SAX, FLUTE, CLARINET: Onehour lessons from 7 a.m. to noon in the Schilling Community Center

MACHINE PATCHWORK QUILTING CLASS: From 9 a.m. to 5 p.m. at the Schilling Community Cen-

Sunday

ROCKER NCO CLUB: Planet Vibe Sundays in the lounge: Spades, Dominoes and Bid Wiz with Jazz from 5 to 8 p.m. and Top 40 hits from 8 p.m.

BANYAN TREE CLUB: Game show mania mixed with Top 40 variety from 7 to 10 p.m. in the lounge. EXPO PARK & CHURAUMI

AQUARIUM TOUR: Call ITT at 634-4322 for more information

TUNNEL RATS TOUR: Call ITT

Monday ROCKER NCO CLUB: Game ow night from 7 to 11 p.m.

BANYAN TREE CLUB: Juke box

jams from 6 p.m. to close.

• Social hour from 7 to 9 p.m. in

BEACHES & BEYOND (ZANPA BEACH) TOUR: Call ITT at 634-4322 for more information.

▲ Today

▲ Saturday.

▲ Sunday.

▲ Monday

▲ Tuesday.

▲ Sunday.

Patrons should call Keystone Theater at 634-1869 or Butler The ater at 645-3465 to verify movie titles, showtimes and ratings. * First Run shows are marked by a star

Keystone Theater

Unleashed, R, 4 p.m.

▲ Wednesday...Unleashed, R, 7 p.m. ▲ Thursday....Herbie: Fully Loaded, G, 1 p.m.

▲ Saturday...*Herbie: Fully Loaded, G, 1 p.m

Monster in Law. PG-13. 6 p.m.

*Batman Begins, *PG-13*, 9 p.m.

*Batman Begins, PG-13, noon

Kingdom of Heaven, R, 7 p.m. *Batman Begins, PG-13, noon

Monster in Law, PG-13, 4 p.m.

Kingdom of Heaven, R, 7 p.m.

*Herbie: Fully Loaded, G, 7 p.m.

*Herbie: Fully Loaded, G, 3 p.m.

Kingdom of Heaven, R, 7 p.m.

*Herbie: Fully Loaded, G, 4 p.m.

Kingdom of Heaven, R, 7 p.m.

.*Herbie: Fully Loaded, G, 1 p.m.

*Herbie: Fully Loaded, G, 4 p.m.

Monster in Law, PG-13, 7 p.m

Unleashed, R. 10 p.m.

Unleashed, R,, 10 p.m.

Butler Theater

*Mr. and Mrs. Smith. PG-13. 1 p.m. *War of the Worlds, R, 7 p.m.

*War of the Worlds, R, 7 p.m.

Just for kicks



Joshua VanGilder, six-year-old son of Maj. Jim VanGilder of the 18th Dental Squadron, practices his soccer skills Wednesday with coach Shane Depew, 18th DS, during Zoe Soccer Camp. More than 120 children ages 5-9, as well as 40 coaches, participated in the camp. For more information about summer camps offered by the Kadena Youth Sports program, see SPORTS BRIEFS on the next page.

JAPANESE CONVERSATION CLASS: For adults from 7:30 to 9 p.m. in the Schilling Community Center.

CAKE DECORATING CLASS: From 6:30 to 8:30 p.m. in the Schilling Community Center.

SALSA DANCE CLASS: For Adults from 8 to 9:30 p.m. at the Schilling Community Center.

Tuesday

ROCKER NCO CLUB: Office party from 5 to 7 p.m.; Krazy Karaoke from 7 to 11 n m

BANYAN TREE CLUB: Pool tournament at 7 p.m. Variety jams from 7 p.m. to close.

• Social hour from 7 to 9 p.m. in

the lounge.
TAI CHI CHUAN: For adults from 5 to 6:30 p.m. at the Schilling Community Center.

Wednesday

ROCKER NCO
CLUB: Deep Groove
Wednesday with Jazz
from 5 to 8 p.m.

• Ladies night from 8 p.m. to close

BANYAN CLUB: Ladies night from

8 to 11 p.m.

• Dart Tournament at 7 p.m. For information about the dart league call Staff Sgt. Joseph Hale at 634-4428 or Johnny Pyrdol at 634-0644.

• Social hour from 7 to 9 p.m. in the loun

OFFICERS' CLUB: Family membership night from 5 to 7 p.m. The Flame Room will be set up for members who wish to sit in a more private envi-ronment. Primary club members may bring their spouse or one guest who is not eligible to be a club member for free. Open to Kadena Officers' Club

members, children & one eligible

guest.
TEA CEREMONY TOUR: Call

KUMON MATH: Classes available for 40 minutes from 3 to 5:40 p.m. for children ages 5 to 18 at the JAPANESE CONVERSATION

CLASS: For adults from 7:30 to 9 p.m. in the Schilling Community Center. SALSA DANCE CLASS: For

Adults from 8 to 9:30 p.m. at the Schilling Community Center.

Thursday

ROCKER NCO CLUB: Reggae from 5 to 8 p.m., Top 40 variety from 8

BANYAN TREE CLUB: Fired up

Country from 7 p.m. to 1 a.m.

• Social hour from 7 to 9 p.m. in the lounge.

NISHIZAKI WATER PARK TOUR: Call ITT at 634-4322 for more TAI CHI CHUAN: For adults

from 5 to 6:30 p.m. at the Schilling Community Center. JAPANESE CONVERSATION CLASS: For adults from 10 to 11:30 a.m. in the Schilling Community Cen-

JAPANESE CALLIGRAPHY CLASS: For adults from 6:30 to 8:30 p.m. in the Schilling Community Cen-

July 22

ROCKER NCO CLUB: Social

hour bar Bingo begins at 5 p.m.

BANYAN TREE CLUB: Flashback Fridays from 5 to 8 p.m., "Coyote Ugly" in the lounge and Live Wires at 11 p.m. in the ballroom.

• Social hour from 7 to 9 p.m. in the lounge URASHIMA DINNER THE-

ATER TOUR: Call ITT at 634-4322

KUMON MATH: Classes available for 40 minutes from 3 to 5:40 p.m. for children ages 5 to 18.

July 23

ROCKER NCO CLUB: Super

Ladies Night from 10 p.m. to 3 a.m.

BANYAN TREE CLUB: Hip Hop to Dirty South from 8 p.m. to close in the lounge; Reggae and R & B from 8 p.m. to close in the ballroom.

p.m. to close in the ballroom.

OKINAWAWORLD

(GYOKUSENDO CAVE) TOUR: Call

ITT at 634-4322 for more information.

TABLE TOP WARRIORS

CLUB: From 10 a.m. to 10 p.m. at the Schilling Community Center

SAX, FLUTE, CLARINET: Onehour lessons from 7 a.m. to noon in the Schilling Community Center.

MACHINE PATCHWORK QUILTING CLASS: From 9 a.m. to 5 p.m. at the Schilling Community Center.

July 24

ROCKER NCO CLUB: Planet Vibe Sundays in the lounge: Spades, Dominoes and Bid Wiz with Jazz from 5 to 8 p.m. and Top 40 hits from 8 p.m.

BANYAN TREE CLUB: Game show mania mixed with Top 40 variety from 7 to 10 p.m. in the lounge.

BATTLE OF OKINAWA TOUR: Call ITT at 634-4322 for more info

OCEAN OBSERVATORY TOUR: Call ITT at 634-4322 for more information.

ROCKER NCO CLUB: Jazz id easy listening variety hits in the lounge from 9 p.m. to close • Game Show night from 7 to

BANYAN TREE CLUB: Juke

box jams from 6 p.m. to close.

• Social hour from 7 to 9 p.m.

in the lounge

JAPANESE CONVERSA-TION CLASS: For adults from 7:30 to 9 p.m. in the Schilling Com-munity Center. CAKE DECORATING

CLASS: From 6:30 to 8:30 p.m. in the Schilling Community Center.

SALSA DANCE CLASS: For Adults from 8 to 9:30 p.m. at the Schilling Community Center.

July 26

ROCKER NCO CLUB: Office party from 5 to 7 p.m.; Krazy Karaoke from 7 to 11 p.m. BANYAN TREE CLUB: Pool

ournament at 7 p.m. Variety jams from 7 p.m. to close

· Social hour from 7 to 9 p.m. in the lounge.

TAI CHI CHUAN: For adults

from 5 to 6:30 p.m. at the Schilling Community Center.

July 27

ROCKER NCO CLUB: Deep Groove Wednesday with Jazz from 5 t

 Ladies night from 8 p.m. to close. BANYAN TREE CLUB: Ladies night from 8 to 11 p.m.

 Dart Tournament at 7 p.m. For information about the dart league call Staff Sgt. Joseph Hale at 634-4428 or Johnny Pyrdol at 634-0644.

• Social hour from 7 to 9 p.m. in

the lounge.

OKINAWA COMPREHENSIVE

TOUR: Call ITT at WATER PARK TOUR: Call ITT at 634-4322 for more information. P

A Catholic

▲ Monday through Friday: Mass, Chapel 2, noon.

▲ Saturday: Confession, Chapel 2, 3:30 to 4:30 p.m.

Vigil Mass, Chapel 2, 5 p.m.

Sunday: Mass, Chapel 3, 8:45 a.m.
Mass, Chapel 1, 12:30 and 5 p.m.

Protestant

▲ Wednesday: Bible Study, Chapel 2, 7 p.m ▲ Sunday: Inspirational, Chapel 2, 8:30 a.m.

▲ Sunday, Inspirational, Chapel 2, 8:30 a.m Liturgical, Chapel 3, 8:45 a.m. Evangelical, Chapel 1, 9 and 10:45 a.m. General Protestant, Chapel 2, 10:30 a.m. Gospel, Chapel 3, 10:30 a.m. Hindu service: Mondays, Chapel 1, noon. ▲ Eastern Orthodox services: Call 465-7486 ▲ Jewish services: Call 637-1027 klamic services: Call 637-3219

▲ Islamic services: Call 636-3219







Air Force photos by Staff Sgt. Chyrece Campbell

Bowling with the pro

with Pederson, but lost by two pins.

[Clockwise from top]

AUTOGRAPH: David Bair, 18th Services Squadron, gets an autographed photo from Randy Pedersen, a professional bowler and ESPN Professional Bowlers Association telecast color commentator, during the 18th SVS's Beat the Pro Friendship Challenge bowling tournament Friday. PINS: More than 60 bowlers competed in the tournament and the top three bowlers - Donnie Benson, Justin Pace and Rob Sobolewski, competed for a chance to bowl against Pederson. Benson advanced to the final round

Sports briefs

K-1 Ultimate Fighting

Saturday

The Rocker NCO Club will host K-1 Ultimate Fighting July 16 beginning at 10 p.m. Open to ages 18 and up and costs range from \$30-\$50 depending on seating. For more information, call 634-0740.

Tennis Tournaments

Saturday-Sunday, 23-24 Sign up to participate in the American and Japan-ese Friendship Doubles Tennis Tournament next month. The tournament includes men's intermediate division and women's open division July 16 and 17, and men's open division and women's intermediate division July 23 and 24. The deadline to register is Sunday at the Kadena Tennis Center and the entry fee is \$40 per team. Call 634-0695 for more information, or visit

Youth Sports & Fitness Summer Camps

- Call 634-1384 for more information on the renowing summer camps:

 Soccer Camp July 18-22 from 9 a.m. to 1 p.m. at the Kadena High School soccer field. The camp is for children ages 7-16, and costs \$95 per child.

 Cheer Camp July 25-28 from 9 a.m. to 3 p.m. at the O'Conner Gym. The camp is for children camp is for c
- ages 5-16, and costs \$50 per child.

 Volleyball Camp July 29-30 from 9 a.m. to 3 p.m. at the O'Conner Gym. The camp is for chil-

- dren ages 13-18. Cost is \$30 per child.
- Basketball Camp Aug. 8-12 from 11:30 a.m. to 4 p.m. at the O'Conner Gym. The camp is for children ages 7-16, and costs \$50 per child.

Family Aquatics Night

July 21, Aug. 4 & 18

Celebrate Family Aquatics Night at Hagerstrom Pool from 7 to 9 p.m. For more information, call Outdoor Recreation at 634-2811.

More fitness machines

The Risner Fitness Center staff recently converted a raquetball court into an alternate cardiovascular fitness area with 10 machines from the Falcon Fitness Center.

Intramural soccer standings

<u>Team</u>	W	L	Ι	
18 MUNS	6	1	1	
18 CMS	4	2	1	
18 EMS	4	2	1	
961 AACS	4	3	0	
554 RHS	3	2	2	
390 IS	2	3	2	
353 MXS	2	3	2	
18 CS	2	3	1	
353 OSS	2	4	0	
18 CPTS	0	6	0	

SOURCE: 18th Service Squadron, July 12

intramural softball standings

Division I Team L 18 CS (A) 7 2 **18 SFS** 7 2 18 CMS (A) 7 2 18 MUNS 7 2 718 AMXS (A) 6

4 733 AMS (A) 5 5 18 LRS (A) 5 4 18 CES (A) 4 4 18 AMXS 6 18 EMS 7 8 353 MXS

Division II

18 SVS

DIVIDIOII II				
<u>Team</u>	W	L		
18 AMDS	7	0		
961 AACS (A)	6	0		
390 IS	5	0		
353 OSS	4	4		
554 RHS	3	3		
82 RS (A)	2	6		
18 MSS	1	6		

Division II

DIAIQIOII II				
<u>Team</u>	W	<u>L</u>		
18 LRS (B)	7	0		
18 LRS (C)	5	2		
AAFES-PAC	5	2		
18 CES (B)	5	3		
733 AMS (B)	3	2		
SCP	3	2		
18 MUNS (B)	3	3		
18 CS (B)	3	4		
961 AACS (B)	2	5		
18 CMS (B)	2	6		

SOURCE: 18th Service Squadron, July 12